

Take Me To The River

18 septembre 2016 18 h 19 min

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Description : 48 temps, 4 murs, Intermediaire, Septembre 2016

Musique : Take Me To The River par KALEIDA

S1: WALK R – L , OUT- OUT, BALL CROSS, SIDE, SLIDE TOUCH, KNEE POPS R – L

- 1 RF Step Forward
- 2 LF Step Forward
- & RF Step R
- 3 LF Step L
- & RF Step inplace
- 4 LF Cross over RF
- 5 RF Large step R
- 6 LF Slide inplace to RF touch(1.30)
- 7 LF Bend R knee
- 8 RF Bend L knee

S2: WALKS DIAGONALLY BACKWARDS, CROSS, UNWIND FULLTURN L, SWEEP, BEHIND, SIDE, CROSS, SIDE

- & LF Change weight R to L
- 1 RF Step diagonally back (1.30)
- 2 LF Step back
- & RF Step back
- 3 LF Step L turn 1/8 L (12.00)
- 4 RF Cross over LF
- 5 BF Unwind full turn L
- 6 LF Sweep front to back
- 7 LF Cross behind LF
- & RF Step R
- 8 LF Cross over

& RF Step R

**S3: CROSS, HOLD, SCISSORS STEP, POINT L, CROSS, POINT R, CROSS AND TURNING 1/8 R,
SIDE**

1 LF Cross over RF

2 BF Hold

3 RF Step R

& LF Next TO R

4 RF Cross over LF

5 LF Point L

6 LF Cross over RF

7 RF Point R

8 RF Cross over LF Turn 1/8 R(1.30)

& LF Step L

S4: TURN 1/8 R, SUGAR PUSH, HITCH AND STEP BACK X2, SAILOR ¼ L

1 RF Turn 1/8 R Step forward (03.00)

2 LF Step Forward

3 RF Step Behind LF

& LF Recover Weight

4 RF Step Back

5 LF Hitch Step behind RF

6 RF Hitch Step behind LF

7 LF Sweep front to back turn ¼ L Step back (12:00)

& RF Step inplace

8 LF Step forward

S5: HIP BUMPS TURNING ½ L, KICK BALL CHANGE, STEP ¼ TURN L, SLIDE R, LIFT HEELS

1 RF Turn ¼ L Point RF R with a hip

2 RF Put weight on R turn ¼ L (06.00)

3 LF Point Forward with a hip

4 LF Put Weight on L

5 RF Kick Forward

& RF Step Inplace

6 LF Step Forward

7 RF Turn ¼ L Step a large step R (03:00)

& LF Slide Inplace with RF, Lift both heels

8 BF Both heels down

S6: CROSS, SIDE, JAZZ BOX X2 R&L

1 RF Cross over LF

2 LF Step L

3 RF Cross over LF

& LF Step back

4 RF Step R

5 LF Cross over RF

6 RF Step R

7 LF Cross over RF

& RF Step back

8 LF Step L

Tags/ Restart: Tags: End of wall 1&3 Restarts: Wall 2&5 after 40 counts

TAG:

1-2 RF Step Forward make a forward bodyroll over to LF

3-4 Repeat on count 3-4